

GLUTEN-FREE  
100% REAL FOOD  
NO ADDED SUGAR  
POWDERED MEAL  
DAIRY-FREE  
NON-GMO



# CHICKEN, PEAS AND CARROTS *Plus*

Real Chicken | Added Vitamins and Minerals | High Protein

Whole Story Meals is a woman-owned, veteran-owned business started by a mother who wanted to feed her daughter well. Our ingredients are ethically and sustainably sourced, free of GMO's and processed to preserve vital nutrients.

## CPC PLUS *benefits*

### OPTIMAL NUTRITION

Formulated to meet 100% DRI for 25 essential nutrients.\*



### CONTAINS TURMERIC

Powerful antioxidant and anti-inflammatory superfood.



### IMMUNE SUPPORT

Fortified with essential vitamins A, C, D, E, and Zinc to bolster the immune system.



## Instructions

Mix 2.5oz of water per scoop (22g) of powder. Mixes best in a shaker bottle with a wire whisk.

## Quick Tips

- Mix only what you need for each meal.
- For best results, do not store your blend in the refrigerator.

## Caloric Density

1.1 up to 2.0 cal/ml

## Caloric Distribution

16% calories from protein  
46% calories from carbohydrate  
38% calories from fat

## CPC PLUS Overview

- Each bag contains 2,000 calories
- 1 scoop of powder = 100 calories
- Can be enjoyed by mouth or tube
- Suitable for syringe or pump feeding
- Customizable calorie density
- For adults
- Complete nutrition

## Ingredients

Chicken broth and fat, oats, peas, sweet potatoes, carrots, strawberries, coconut oil, cooked chicken, salt, onion, turmeric, black pepper, dextrin (a fiber)

## Vitamins and Minerals

Calcium citrate, choline bitartrate, retinyl palmitate (A), methyl folate, potassium iodide, phytonadione (K), biotin, cholecalciferol (D3), methylcobalamin (B12).

Allergens: coconut (tree nut)

## Billing Information

HPCPS B4149  
NDC: 50052-0824-04  
Each Item #: 7224  
Case (30 EA)  
Case Item #: 9224

## Nutrition Facts

5 servings per container	
<b>Serving size</b>	<b>4 scoops (90.8g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>400</b>
% Daily Value*	
<b>Total Fat</b> 17g	<b>22%</b>
Saturated Fat 6.9g	<b>35%</b>
Trans Fat 0g	
Polyunsaturated Fat 3.4g	
Monounsaturated Fat 6.7g	
<b>Cholesterol</b> 25mg	<b>8%</b>
<b>Sodium</b> 490mg	<b>21%</b>
<b>Total Carbohydrate</b> 46g	<b>17%</b>
Dietary Fiber 7g	<b>25%</b>
Total Sugars 11g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 16g	
Vitamin D 5mcg	25%
Calcium 260mg	20%
Iron 3.5mg	20%
Potassium 968mg	20%
Vitamin A	20%
Vitamin C	20%
Vitamin E	20%
Vitamin K	20%
Thiamin	25%
Riboflavin	20%
Niacin	25%
Vitamin B6	20%
Folate	25%
Vitamin B12	20%
Biotin	20%
Pantothenic Acid	25%
Phosphorus	20%
Iodine	20%
Magnesium	20%
Zinc	20%
Selenium	40%
Copper	30%
Manganese	50%
Chromium	30%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

\*20 scoops (2,000 calories) of Chicken, Peas and Carrots Plus a day meets Institute of Medicine DRI for 25 essential vitamins and minerals for adults age 18 or older.

**Samples Available Upon Request**

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Whole Story Meals Inc.

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